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Team Leadership Excellence

NEWSLETTER

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I hope you got off to a great start in 2019. It is hard to believe that we are already completing the first month of the new year. It would be useful to review the plans made for 2019, celebrate the action taken and success experienced and even adjust the plan based on experiences, feedback and reflections.

I started a series of blog posts pertaining to 'purposefulness' in March 2017. I hope the [first twenty-two posts](#) were useful. I am happy to share the twenty-second post in this series below.

Finding Purpose in Giving: Purpose of Living – Part 23

It's interesting that the month of January 2019 was a month where I did as much free work as paid work. The first free assignment was to provide a keynote address at the new year celebration of a leading organisation in the insurance industry to inspire the staff of over 1000, who were gathered for the celebration, on the 1st of January. The second free assignment was to continue to help the administrators, parents and past pupils of my alma mater, St Anthony's Collage, to take forward the strategic plan that I facilitated in formulating one year ago. The third free assignment was to help an important arm of the government of Sri Lanka to develop the leadership of a very important category of officials in becoming better leaders and making a better contribution for the development of the country.

This free work, the paid assignments and family time during the first week of the month celebrating the new year holidays, consumed most of my time resulting in me not giving much time for my doctoral inquiry in to the notion of 'purposefulness'. The doctorate is an important aspect of my agenda this year, which requires me to allocate quality time.

I am not sure if I found these free assignments or if these assignments found me. Part of my 'purpose statement' is to 'say yes to opportunities that come my way to sow the seeds of 'purpose' in others'. Since I reflect on my purpose every day, I may have attracted these opportunities. On the other hand, since I keep reminding myself of my purpose every morning, my Reticular Activating System (RAS) might have made me notice these opportunities. The way I got these opportunities seem unimportant when I consider the passion with which I accepted, designed and delivered these projects.

The joy I received when doing this work, because of my perception of the value I was adding to so many people and the direct feedback received from the participants, cannot be measured with money. The first question for reflection in 'the purpose finder' process is; what makes me most joyous? Therefore, since this work of 'giving' provided me immense joy, it seems as if giving of my God given talent to help others find the notion of 'purpose' and helping them see a glimpse of their purpose seems like purposeful work to me.

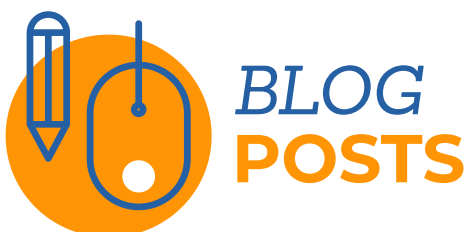
I wonder if the use of the word 'giving' is appropriate because I cannot give anything that I don't own. I believe that we don't own anything on earth, because we are only temporary guardians of the assets of this planet; it is our responsibility to take care of such assets and make them better for future generations. Therefore, I hope that in my attempting to live a purposeful life, I am contributing to a better world by sowing the seeds of 'purposeful living' in the minds and hearts of those I am fortunate enough to meet during this journey of life.

This new phase in this series on 'purposefulness', which I started last month, is dedicated to address living issues and struggles related to purposeful living. I hope this short blog post inspires you to give and find 'purpose' through the act of giving.

I wish you purposeful living!

Finding purpose at Christmas! How do we find a glimpse of our purpose or strengthen our purposefulness this Christmas season?

[Click here](#) to read last month's blog post, and please share with those who can benefit and let me know your thoughts on this notion.



The above article has been published in Ranjan's blog
- To read more blog posts visit
<https://ranjandesilva.blog>



View [Ranjan's YouTube Channel](#) to watch learning videos and more.

Upcoming Events

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"Mastery of Self"
Through Neuro-Linguistic Programming [MS - NLP]
Playshop
~ By Ranjan De Silva ~

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Cutting Edge Technologies for Human Excellence

Mastery of Self [MS] through Neuro Linguistic Programming [NLP] - English

9th & 10th, 23rd & 24th February, Dhaka
1st & 2nd March, 8th & 9th March, Colombo

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"පුද්ගලික විශිෂ්ටත්වය"
Neuro Linguistic Programming
- මහාසංඝරාජා මහාපාලානංක (Tangal) -

ජීවිතය ජයගන්න
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MASTERY OF SELF
In Sinhala

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Mastery of Self [MS] through Neuro Linguistic Programming [NLP] - Sinhala

8th, 9th, 22nd & 23rd February, Colombo

sensei presents

Advanced Mastery of Self
Through Neuro Linguistic Programming [NLP]
By Ranjan De Silva
Team Leadership Specialist & CEO Success Coach

Only for those who have attended the 4 day **Mastery of Self** through NLP conducted by Sensei International.

Participants will experience the **'Fire Walk'** - the ultimate manifestation of the power of mind - for the first time in Bangladesh.

The Ultimate Affirmation of Mastery
Intensify it, Intensify it, Intensify it,
1, 2, 3, Yes !!!!!

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Advanced Mastery of Self through Neuro Linguistic Programming [MS2 -NLP]

Registered participants will be informed of the dates and location.

What happened in January?

I spent the first week of the month in Colombo, starting the new year with a talk on purposefulness to 1500 staff of a leading insurance company during their new year celebration on the 1st of January.

Thereafter I conducted the second two days of the Mastery of Self - NLP workshop for a leading apparel conglomerate before leaving for Dhaka for a few days to prepare the brand marketing and sales team of a leading company in successfully re-launching their leading brand.

Thereafter I returned to Colombo to conduct leadership coaching for the senior leaders of a leading insurance company in Sri Lanka, to start a strategic planning process for an important function of the government of Sri Lanka and to continue the strategic planning process for my alma mater, St Anthony's College Kandy.

I then travelled to Dhaka for the last week of the month to conduct leadership development for a leading BPO, help a leading apparel group to cascade their annual business plan to the next level and to help a leading NGO in the world complete their strategic planning process.

What's in store for February?

I will spend the first 3 week of the month in Dhaka conducting the first two days of the 'Mastery of Self' workshop and providing follow up support to the service provided over the past few months to many organisations in Bangladesh that includes a leading apparel group, leading multi-national, leading NGO and a leading BPO.

In between this period, I go to Mumbai for a few days to deliver a keynote address at the Asian and African Retail Congress as well as to meet business associate.

I return to Colombo for the last week of the month to commence the 'Mastery of Self' workshop and will travel to Dubai to conduct negotiations training to a leading company in the energy business.